

LUNCH
BY
LIBELLE

Term 2, 2021

PURIRI WEEK

17/05-21/05

MONDAY

Lasagne & Peas

Dietary Alternatives:
GF, DF, NB, V, VE: GF, DF
Vegetarian Lasagne.

Snack: Yoghurt

Snack Dietary Alternatives:
DF, VE: Fruit Salad



TUESDAY

Chicken Wrap

Dietary Alternatives:
GF: GF Tortilla
V, VE: Smashed Chickpeas

Snack: Hummus, Corn
Chips & Carrot*fruit

Snack Dietary Alternatives:
None



WEDNESDAY

Rice Bowl with Chicken

Dietary Alternatives:
V, VE: Tofu

Snack: Vanilla
Cookie*fruit

Snack Dietary Alternatives:
None

THURSDAY

Beef & Cheese Sandwich

*kumara rosti & carrot sticks

Dietary Alternatives:
GF: GF Bread
V, H, NB: Egg & Cheese
DF: Chicken, VE Cheese
VE: Vegan Cheese & Relish
Sandwich and Rosti

Snack: Seasonal Fruit
or Muffin

Snack Dietary Alternatives:
GF, DF, DF: Coconut Blissbites

FRIDAY

Chicken Parmigiana & Roll

Dietary Alternatives:
V: Chickpea Fritter w Parm
VE: Chickpea Fritter w Napoli
DF: Roast Chicken w Napoli
GF, H: Roast Chicken w Parm
GF: GF Roll

Snack: Seasonal Fruit or
Muffin

Snack Dietary Alternatives:
GF, DF, DF: Coconut Blissbites

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

lunchbylibelle@libelle.co.nz

facebook.com/lunchbylibelle

www.lunchbylibelle.co.nz

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Term 2, 2021

TOTARA WEEK

24/05-28/05

MONDAY

Stir fried rice

Dietary Alternatives:
None

Snack: Yoghurt

Snack Dietary Alternatives:
DF, VE: Fruit Salad



TUESDAY

Chicken Salad Wrap

Dietary Alternatives:
V: Cheese Salad Wrap
VE: Hummus Salad Wrap

Snack: Hummus,
chickpea snack, celery
and carrot sticks*fruit

Snack Dietary Alternatives:
None

WEDNESDAY

Burger Bites Bento Box

Dietary Alternatives:
GF, DF, NB, V, VE: Chickpea
Fritter

Snack: Cookies

Snack Dietary Alternatives:
GF, EF: Blissbites



THURSDAY

Chicken Mayo Roll

Dietary Alternatives:
GF: GF Roll

Snack: Pikelet or Fruit
Salad Cup

Snack Dietary Alternatives:
GF, DF, EF, VE: Blissbites or Kea
Cookie

FRIDAY

Chicken and Rice with salad

Dietary Alternatives:
V, VE: Tofu & Rice with Salad

Snack: Pikelet or Fruit
Salad Cup

Snack Dietary Alternatives:
GF, DF, EF, VE: Blissbites or Kea
Cookie



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